

Young Adult Sunday Class: Today Pastor Steve is teaching the second of three classes on forgiveness. This class is geared to young adults and families with young children, but is open to all. The class meets in the High School Youth Room today and finishes next Sunday.

Weekly Morning Bible Studies: The Tuesday morning women's Bible study will have no class on February 5 and 12 and will resume on February 19 at 9:00 am. The Wednesday morning adult Bible study is now beginning a study of the pastoral letters of Timothy I and II and Titus. Both classes are always open to new members.

Culver's Night Out: All are invited to eat out at Culver's in Cascade on Wednesday nights at 5:30 pm. It is a time of food and fellowship and then you are all invited back to the church at 6:30 for Bible study.

Wednesday Night Classes: We have Wednesday night classes for all ages. Classes meet from 6:30-8:00 pm and all age groups are using the study "Unshakable Hope" by Max Lucado. The Crib Room is open for children 3 and under (or not potty trained) from 6:15-8:15 pm.

Special Sundays: We have two special Sundays coming up in February. Today is Scout Sunday. We are always happy to have our Scout Troup #334 share in our worship services. Next Sunday, the North-pointe Christian High School Chorale will share their beautiful music with us at all three worship services. There will be a special offering that Sunday that will help fund their annual mission trip.

Soup and Sandwich Lunch: In February we are back to our regular schedule of two lunches on the 1st and 3rd Thursdays of the month at 12 noon in Centennial Hall. Besides the delicious soups, sandwiches and desserts, there is always an interesting program. This Thursday, our own Shirley Folkertsma will be sharing her adventures on "A Trip to Vermont"; and on the 21st, there will be a special musical program by Marty Miller.

Weather Related Cancellations: When Forest Hills Schools cancel their evening activities, all church evening programs will be cancelled. Any daytime or evening cancellations will be posted on Facebook, Channel 8 and Channel 13.

Free Stuff: Pastor Jill and the Scouts cleaned out the storage room off Centennial Hall and found lots of things that can go to new homes. Please go over and take a look and take home something you can't live without. It will all be gone (one way or another) by Wednesday!

End of Year Statements: Your giving statement for 2018 is on the table in the entryway of the Chapel. Please stop and pick it up and save the church some postage!



Cascade Chrstian Church February 3-9, 2019

Sunday	
Scout Sunday	
Class on "Forgiveness Is Hard" (HSYR)	10:30 am
Monday	
Grief Share (CH)	10:00 am
AA (CH)	8:00 pm
Tuesday	
Exercise Class (EB-CL)	1:15 pm
Wednesday	
Adult Bible Study (EB-112)	9:30 am
Culver's Night Out	5:30 pm
Wednesday Night Classes (EB)	6:30 pm
Scouts (EB-CH)	7:00 pm
AA (CH)	8:00 pm
Thursday	
Soup and Sandwich (EB-CH)	12:00 pm
Exercise Class (CL)	1:15 pm
AA/Alanon (CH)	8:00 pm

C - Chapel, CB - Chapel Basement, CH - Coffee House,
CR - Conference Room, EB-CL - Church Library,
EB - Education Building, EB-CH - Centennial Hall,
EB-HSYR - High School Youth Room, EB-MSYR - Middle School Youth Room,
EB111 - Room 111, EB112 - Room 112

GRIEF SUPPORT GROUP



Help and encouragement after the death of a spouse, child, family member or friend.

This is a series of 13 weekly sessions that include:
a video featuring a leading grief recovery expert,
a support group with focused discussion,
and a workbook for personal study and reflection.

Topics include: Is this Normal?, The Journey of Grief, Why?, Guilt and Anger, Stuck, Lessons of Grief, Heaven, and What Do I Live for Now?

Healing from grief is a long and sometimes painful process. Grief Share will help guide you through the stages no matter where you are in that process.

Meetings will be held on Mondays at 10:00 am in the Coffee House beginning this Monday, February 4. You may join in at any time during the 13 weeks.