

Adaptability: The Neglected Secret to Relationships



**I AM NOT SAYING THIS BECAUSE I AM
IN NEED, FOR I HAVE LEARNED TO BE
CONTENT WHATEVER THE
CIRCUMSTANCES. I KNOW WHAT IT IS
TO BE IN NEED, AND I KNOW WHAT IT
IS TO HAVE PLENTY. I HAVE LEARNED
THE SECRET OF BEING CONTENT IN
ANY AND EVERY SITUATION,
WHETHER WELL FED OR HUNGRY,
WHETHER LIVING IN PLENTY OR IN
WANT. I CAN DO ALL THIS THROUGH
HIM WHO GIVES ME STRENGTH.
PHILIPPIANS 4:11-13**









Self-Awareness



Gratitude

forgiveness